# Power Stance®

#### What is Power Stance®?

- Powdered Coconut Oil
- A rich source of Medium Chain Triglycerides (MTCs)
- High energy (29.4MJ/kg or 3.18MCal/lb)
- Power Stance® contains 70% natural coconut oil
- Brilliant coat, mane and tail condition
- May conserve muscle glycogen, allowing horses to train harder for longer
- MCTs comprise lauric and capric acids which may have antimicrobial actions (i.e. anti-viral, anti-bacterial, anti-fungal)
- Assists in maintaining appetite and natural digestive function

#### Why Feed oils?

Oil is 2 to 3 times more energy dense than cereal grains – so you can feed less oil to give the same amount of energy. This is especially useful for those horses that won't eat when in training. Feeding oils may help to give coat, mane and tails a healthy and glossy appearance.

#### Which Oil is Best?

Most commercial equine feeds contain polyunsaturated fats (PUFAs) including soy, corn and rice bran oils. These polyunsaturated fatty acids may cause an Omega 6 and Omega 3 imbalance. These oils are metabolized slowly through the lymphatics, prone to rancidity, and contains a high level of Omega 6 which may cause inflammation.

Coconut oil is a saturated oil which is absorbed directly into the portal blood and provides a ready source of non-glucose energy. Saturated oils promote greater storage and utilization of muscle glycogen in horses during exercise, this means the horses may work harder for longer.

#### **Ingredients:**

Coconut oil
Purified GM free corn starch
Hydrated Silica

## **Feeding Guidelines:**

Power Stance®		
	grams/day	oz/day
Coat conditioner	50	1 – 2
Gut health and appetite stimulant	50	1 – 2
'Cool energy' source	100* / 200**	3.5* / 7**
Weight gain	200 – 300	10 – 12

<sup>\*</sup> in addition to high grain hard feeds.

Power Stance® should be introduced gradually into the diet, building up to the required dose rate slowly over a 2-week period. The daily dose should be divided and fed in 2 meals per day.

Power Stance® should be fed as part of a balanced diet.

(Note: 305 g Power Stance® is equivalent in energy to 1 cup vegetable oil).

Recommended dose for an 1100 lbs. horse

### **Nutrient Specifications:**

Digestible Energy	29.4 MJ/kg (3.18MCal/lb)	
Oil	70% (as coconut oil)	
Maximum Crude Fiber	<0.5%	
Calcium	0.0%	
Phosphorus	0.0%	
Medium Chain Triglycerides	50% of coconut oil	
Fatty Acids	Lauric Acid (C:12): 44.5% (as %oil)	
	Myristic Acid (C:14): 17.5% (as % oil)	
	Palmitic (C:16): 8% (as % oil)	
	Oleic (C:18.1): 6% (as % oil)	

<sup>\*\*</sup> in addition to low grain hard feeds.